



Patient Information Regarding:
Coronavirus Disease 2019 Precautions
COVID-19

July 13th, 2020

Now that the counties are reopening, it is important to be diligent in following CDC's basic precautions. When you are out in public it is highly recommended that you wear a mask and continue with good handwashing routine. Maintain social distancing in public places as they instruct (grocery, hardware, salons, etc).

Here are some key points:

1. Symptoms are: Fever, Cough, shortness of breath. These can appear 2-14 days after exposure.
2. At this time, the health care worker does wear a mask for prevention. If the patient is showing signs of a cold, the sick patient should wear a mask.
3. Once we have a confirmed diagnosis, our visits will change for those patients. If we are visiting in the home everyone should wear a mask during those visits.
4. The CDC has indicated that a sick patient with the virus should stay in a separate room with own bathroom and NOT mingle with other family members or pets. The person who would be caring for the patient will need to be educated about minimal contact/exposure using gloves, excellent handwashing, gel use at all times, and checking everyone's temperature daily.
5. Do not share household items.
6. Clean all "high-touch" surfaces everyday – counters, door knobs, toilets, sink fixtures, keyboards, phones, tables, etc.
7. Avoid touching eyes, nose & mouth.
8. There is no specific antiviral treatment at this time – only treating symptoms & comfort care.

As always, please call us if you have any questions or need to report any of these symptoms. We are your partner in staying well.